



PREVENTING JOBSITE ILLNESSES AT HITECH: HEAT, HYGIENE, AND HEALTH

Injury isn't the only threat on the job. Illnesses, from heat stress to exposure-related sickness, can be just as dangerous. That's why illness prevention is a core focus of our Injury and Illness Prevention Program (IIPP) and everyday safety program.

Common Illness Risks in Our Work

- Heat exhaustion and heat stroke from prolonged sun exposure
- Respiratory issues from paint fumes, dust, or silica exposure
- Dehydration due to inadequate fluid intake
- Fatigue-related illness from overexertion
- Communicable illnesses like colds, flu, or COVID-19

What We Do to Prevent Illness

1. Heat Illness Prevention Protocol

- Water, shade, and breaks are required, especially in temps over 80°
- Cool-down rest breaks are mandatory every 2 hours when it's 95°
- Supervisors monitor the team and weather conditions in real-time
- Crews are trained to recognize early signs of heat exhaustion and stroke

2. Respiratory Protection

- Ventilation is provided when working with strong chemicals or inside enclosed spaces
- Respirators or dust masks are issued when needed, per Cal/OSHA regs

3. Cleanliness and Hygiene

- Access to handwashing or sanitizing stations is ensured
- Regular site cleaning minimizes exposure to infectious materia

4. Medical Response Readiness

- First aid kits are fully stocked and inspected
- Emergency protocols are posted on every site
- Supervisors are trained in emergency medical procedures

5. Employee Training and Acclimatization

- New hires and seasonal workers are gradually acclimatized to working in heat
- All employees are trained to spot signs of illness in themselves or coworkers

Worried About Heat or Health on the Job?

HiTech Painting, Inc. puts crew wellness first, because healthy workers build better projects. With heat protocols, air safety controls, and hydration systems already in place, we keep illness off your site and your schedule on track.

Contact us now to learn how we protect your investment, and your people, from start to finish.

